



Summer Camp Full Day Schedule 9am-4:00pm

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:15	Tramp	Tramp	Tramp	Tramp	Tramp
9:15-9:30	Stretch	Stretch	Sunscreen	Stretch	Stretch
9:30-10:30	Vault/Beam	Vault/Beam	O'Brien Water Park	Vault/Beam	Vault/Beam
10:30-10:45	Snack	Snack	O'Brien Water Park	Snack	Snack
10:45-11:00	Games	Games	O'Brien Water Park	Games	Games
11:00-12:00	Bars/Floor/Tramp	Bars/Floor/Tramp	O'Brien Water Park	Bars/Floor/Tramp	Bars/Floor/Tramp
12:00-12:30	Lunch & Rest	Lunch & Rest	Return to Scale	Lunch & Rest	Lunch
12:30-12:45	Lunch & Rest	Lunch & Rest	Rest/Break	Lunch & Rest	Tramp
12:45-1:00	Lunch & Rest	Lunch & Rest	Stretch	Lunch & Rest	AMC Movie
1:00-2:00	Vault/Beam	Vault/Beam	Vault/Beam	Vault/Beam	AMC Movie
2:00-2:15	Games	Games	Games	Games	AMC Movie
2:15-2:30	Snack	Snack	Snack	Snack	AMC Movie
2:30-3:30	Bars/Floor/Tramp	Bars/Floor/Tramp	Bars/Floor/Tramp	Bars/Floor/Tramp	AMC Movie
3:30-4:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym

Things to Bring Each Day

	Monday	Tuesday	Wednesday	Thursday	Friday
	Great Attitude	Great Attitude	Great Attitude	Great Attitude	Great Attitude
	Plenty of Water	Plenty of Water	Plenty of Water	Plenty of Water	Plenty of Water
	Snacks	Snacks	Snacks	Snacks	Snacks
	Sack Lunch	Sack Lunch	Sack Lunch	Sack Lunch	Sack Lunch
			Swim Suit		Sun Screen
			Towel		Cash for Snack Bar
			Sun Screen		Shorts/T-Shirt
			\$ for Snack Bar		
			Shorts/T-Shirt		